



GURUGRAM GLOBAL HEIGHTS SCHOOL
CLASS KG HOLIDAY HOME WORK (2019- 20)

Holidays are the best time of the year,
Time to shout, clap & cheer!

Jump about and have lots of fun,
Enjoy treats in tons and tons!

Plan a trip, go around and explore,
Be it mountains or the sea shore.

Rafting or skiing, whatever you do,
Planetariums & museums can be visited too.

Try cool recipes for your grandparents too,
Experiments & projects to be done by you.

Be helpful and nice to all, each day,
You are a Goenkan- A Winner all the way!!!

Remember to share your fun moments with us - get
pictures clicked of yourself as an artist, a chef and
even a scientist. Paste them in a scrapbook which
everyone can admire.

Dear Parent,

The much awaited summer vacation is here again. Long summer break is the most enviable part of school life! It provides time for rest and leisure. Children can just laze around, unwind, eat, play and make merry.

Vacations are of course a time to reinvigorate and revive. However, the duties of a students must not be forgotten either. A balance, therefore between recreation and work must be found to ensure a break that is productive as well as relaxing.

Holidays are meant for enjoyment and if this time is used for creative pursuits, it becomes learning experience. The holidays homework has been designed to be a meaningful and creative exercise .Do ensure the child is involve with your guidance.

So, have summer fun with 'Pop-up Popcorn'.



So let's follow:

- Motivate the child to use English as a medium to converse and teach him to use easy words like water, washroom, lunch, May I? Thank you, please etc...., start using small sentences.
- Get up early in the morning and see the rising sun.
- Go for nature walk.
- Feel the fresh air: Take a deep breath and do breathing exercises.
- Hear the birds chirping.
- Water the plants and feed the birds.
- Encourage your child to eat healthy food and drink lots of water during summer.
- Make a routine for your child to play, revise concepts and watch T.V. (Let your child watch some entertaining T.V. shows so that he/she does not watch T.V. as a pastime).
- Make sure that your child accompanies you while going to the super market, mother dairy etc. Show different vegetables and fruits and ask him/her to identify and pick up whichever they want to eat. Talk to your child about the things they see around which will help in enriching the child's vocabulary.

Make your child more independent by teaching him/her various activities like:

- ✚ Buttoning and unbuttoning the shirt.
- ✚ Laying the table.
- ✚ Folding mats and clothes.
- ✚ Arranging their toy shelf.
- ✚ Learn how to wear shoes and socks.
- ✚ Learn how to zip your school bag and clothes.
- ✚ Sorting and pairing household items.
- ✚ Filling of water bottles.
- ✚ Putting fruits & vegetables in the fridge.

LANGUAGE DEVELOPMENT

- **Story time :** Narrate simple stories to your child, ask to recall some characters and incidents of the story by asking simple questions related to the story .Encourage them to use magic words like 'thank you' , 'please' , 'excuse me' and 'sorry' .
- **Show and Tell:** Choose any 1 object from your surroundings everyday and let your child speak a few lines on it.
- **Rhymes Time:** Recite rhymes with voice modulation and actions (Minimum 5 rhyme in total).

MAKE YOUR HOME A PLACE FOR READING

Here are some tips to help parents to promote reading at home.

- Choose a reading time for your child. (Before nap, bedtime or after dinner)
- Select an age appropriate book for your child. Hold the book so that she or he can see the pictures. If possible also let her or him turn the pages.
- Take time to look at and talk about the pictures. Don't just read the story: talk about it.
- Let your child point out the letters, shapes, colours and animals.
- Invite your child to read with you.
- Read aloud to your child every day.

SOCIAL DEVELOPMENT

✚ Imbibe following social skills in your child :

- Greeting with a smile when someone comes to the house, preferable in English.
- Conversing freely but politely with visitors, relatives coming over to the house.
- Answering the phone calls with a polite “Hello”.
- -Sitting at dinner table with family to eat the meal, using proper table manners.
- Do not watch television while having meals with the family.
- Sharing toys, colours, etc. with siblings.

✚ Talk to your child about :

- The importance of keeping our surroundings clean.
- The goods habits of sharing and making friends.
- Encourage your child to water the plants.
- Encourage your child to respect and help the elders at home.
- Encourage your child to develop the habit of taking care of his/her belongings.



HAPPY FATHER 'S DAY (16th JUNE)

"A dad is someone who holds you when you cry, scolds you when you break the rules, shines with pride when you succeed and has faith in you even when you fail...."

- Take your father for a nature walk observe the beautiful plants around you with him. Collect leaves of different sizes and shapes .**Take your mother's help and make a beautiful greeting for your father with leaf printing and also make a smiley inside it.**
- Surprise him by making **sandwiches and lemonade** in the breakfast for him with the help of your mother.

BEAT THE HEAT WITH A PICNIC!

- Plan a picnic with your family and friends and enjoy the **International picnic day 18th June.**

LOGICAL DEVELOPMENT

- Number box: take a shoe box and decorate it with paper tearing and pasting. Collects articles like 1 pencils, 2 pebbles, 3 bottle caps, 4 ice creams sticks, etc. (1 to 10) in the shoe box.

PHYSICAL DEVELOPMENT

- Encourage your child to participate in dancing and singing activities.
- Indulge your child in any one hobby like skating, basketball, dance, musical instruments, swimming etc.
- Encourage your child to take care of 'Personal Hygiene' by inculcating the following habits :
 - Brushing teeth twice daily
 - Combing hair regularly
 - Bathing everyday
 - Washing hands before and after meals
 - Trimming the nails and keeping them clean.

INTERNATIONAL YOGA DAY (21st June)

Let's exercise

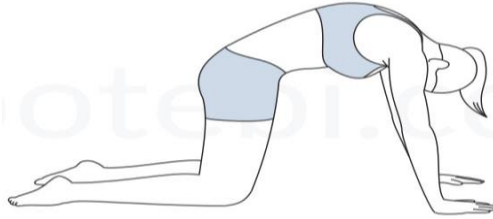
Material required –Yoga Mats

Instruction:

- **COBRA POSE:** Lie down on the yoga mat on the tummy, with hands near chest. Push upwards into a backbend. When back is arches, make a loud hissing noise like a snake.



- **CAT POSE:** Get down on hands and knees. Reach spine towards ceiling as high possible, so that the back is arched like a cat. Make meowing noises.



- **BUTTERFLY POSE:** Sit on the ground and join the soles of the feet and spread the knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.



LEARNING OUTCOME: Children will be able to learn few Asana.

CREATIVE DEVELOPMENT

- **Mask of an animal:** Make a face mask of any animal and build a story on it.
- **Fun with colours**
 - Following are the few suggested activities for the children to enjoy during their summer holidays using materials available at home.
 - Dress your child and yourself in the particular colour door the day.
 - Make any one snack of that colour:

1. Red snack time -

Jam sandwiches, strawberry jelly, water melon, a glass of rooh-Af-zah, beetroot curd, beetroot rice.

2. Yellow snack time –

Lemonade, bread butter, banana shake, poha.



3. Green snack time –

Cucumber and lettuce sandwich, aam panna, spinach soup.

4. Orange snack time-

Orange rasana or squash, orange jelly.

Make colours visible:

- ✓ Visit a green grocer, look at the green vegetable and fruits learn their names in English.
- ✓ Visit a nearby fire station and observe red colour fire engine.
- ✓ Visit the garden and admire the nature. Talk about the colours you see there. For e.g. I see a tall green tree, etc.
- ✓ Water the green plants with the spray bottles.
- ✓ Put drop of any 1 Poster colour in water bucket and see how the water colour change.
- ❖ **Click pictures while you and your child are doing the activities. Make a photo frame and paste any one photograph of the above mentioned activity on it.**

FINE MOTOR DEVELOPMENT

1. Mix a handful Rajma, Chana and Lobia and ask your child to separate it using tweezers.
2. Scribbling, colouring, mashing potatoes, rolling chapattis, clay molding, water plants with spray bottles.

SUGGESTED PLACE TO VISIT

1. Water Park
2. Waste to Wonder

SUGGESTED STORY BOOK

Select any story book of your choice from below mentioned link:

<https://www.earlychildhoodeducationzone.com/best-books-for-preschoolers/>

SUGGESTED TELEVISION CHANNELS:



SUGGESTED MOVIES TO WATCH

1. ALADDIN
2. MOTU PATLU –KING OF KINGS



Activity Calendar:

Activity 1:

Take your child for a morning walk & let him / her explore the nature, count the trees, cars and flowers etc. and help them to draw the picture and write the count in front of the pictures(at least twice in a month) on an A4 size sheet.

Activity 2:

Make a delicious sandwich and milkshake at home with your child and discuss them the steps of the recipe in sequence. Remember to capture at least two pictures of the little chef at work and paste them on an A4 size sheet.

Activity 3:

Name	Task
Roll no 1 to 6	Make 4 flash cards of dimension 3"x3" with pictures for 'eg' words (leg, beg, peg and egg).
Roll no 7 to 12	Make 4 flash cards of dimension 3"x3" with pictures for 'et' word (pet, wet, net and set).
Roll no 13 to 18	Make 4 flash cards of dimension 3"x3" with pictures for 'en' words (hen, pen, ten and den).
Roll no 19 to 25	Make 4 flash cards of dimension 3"x3" with pictures for comparing qualities (big-small, more-less, long-short and heavy-light)

Activity 4:

Make a laminated table mat by using an A3 sheet (use both the sides).

Name	Theme
Roll no 1 to 6	Side 1: Air transport (paste or draw the pictures). Side 2: Shapes (paste or draw two objects using shapes- circle, triangle, rectangle and square).
Roll no 7 to 12	Side 1: Land transport. Side 2: Water transport.
Roll no 13 to 18	Side 1: Different types of food. Side 2: Plants.
Roll no 19 to 25	Side 1: Cloths in monsoon. Side 2: Independence Day (symbols)

Activity 5:

Do your homework given in the notebooks
Revise all the work done so far in class.

Wishing you all happy time together!!!