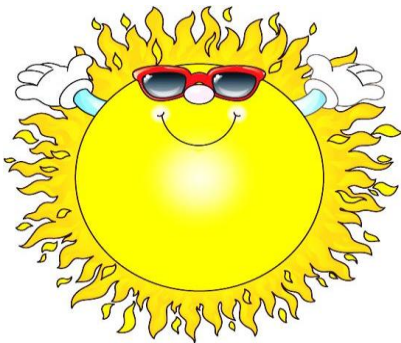




GURUGRAM GLOBAL HEIGHTS SCHOOL NURSERY HOLIDAY HOME WORK (2019- 20)



Summer vacation is starting today
Children shouted Híp Híp Hurray.. !!
Swimming in the pool, eating icecreams
Staring at the clouds, lost in dreams
Time to spend, with special friends
Hanging around now and then
All the kids get ready to play
Summer vacations is starting today

Dear Parent,

The much awaited summer vacation is here again. Long summer break is the most enviable part of school life! It provides time for rest and leisure. Children can just laze around, unwind, eat, play and make merry.

Vacations are of course a time to reinvigorate and revive .However, the duties of a students must not be forgotten either. A balance, therefore, between recreation and work must be found to ensure a break that is productive as well as relaxing.

Holidays are meant for enjoyment and if this time is used for creative pursuits, it becomes learning experience. The holidays homework has been designed to be a meaningful and creative exercise .do ensure the child is involve with your guidance.

LANGUAGE DEVELOPMENT

- **Story time :** Narrate simple stories to your child, ask to recall some characters and incidents of he story by asking simple questions related to the story .Encourage them to use magic words like '**THANK YOU** ', '**PLEASE** ', '**EXCUSE ME** '& '**SORRY**'.
- **Show and Tell:** Choose any 1 object from your surroundings everyday and let your child speak a few lines on it.
- **Rhymes Time:** Recite a rhyme with voice modulation and actions (Minimum 5 rhymes)



MAKE YOUR HOME A PLACE FOR READING

Here are some tips to help parents of young children to promote reading a home:

- Choose a reading time for your child, as in before a nap , bedtime , or after dinner .
- Select an age appropriate book for your child.
- Hold the book so that she or he can see the pictures. If possible, also let her/him turn the pages.
- Take time to look at and talk about the pictures. Don't just read the story: talk about it.
- Let your child point out the letters, shapes, colours and animals .
- Invite your child to read with you.
- Read aloud to your child everyday.

SOCIAL DEVELOPMENT

- **Imbibe following social skills in your child :**
 - Greeting with a smile when someone comes to the house, preferable in English .
 - Conversing freely but politely with visitors , relatives coming over to the house .
 - Answering the phone calls with a " polite" Hello" .
 - Sitting at dinner table with the family to eat the meal, using proper table manners .
 - Do not watch television while having meals with the family.
 - Sharing toys , colours, etc. with siblings.
- **Talk to your child about :**
 - The importance of keeping our surroundings clean.
 - The good habits of sharing and making friends.
 - Encourage your child to water the plants .
 - Encourage your child to respect and help the elders at home .
 - Encourage your child to develop the habits of taking care of his/her belongings.

HAPPY FATHER 'S DAY (16 JUNE)

"A dad is someone who holds you when you cry , scolds you when you break the rules, shines with pride when you succeed and has faith in you even when you fail...."

- Take your father for a nature walk observe the beautiful plants around you with him. Collect leaves of different sizes and shapes . **Take your mother's help and make a beautiful greeting for your father with leaf printing and also make a smiley inside it.**
- Surprise him by making **sandwiches and lemonade** in the breakfast for him with the help of your mother.

BEAT THE HEAT WITH A PICNIC !

- Plan a picnic with your family and friends and enjoy the **International picnic day 18th June** .



LOGICAL DEVELOPMENT

- Number box: take a shoe box and decorate it with paper tearing and pasting. Collects articles like 1 pencils , 2 pebbles , 3 bottle caps , 4 ice creams sticks, etc. (1 to 10) in the shoe box.

PHYSICAL DEVELOPMENT

- Encourage your child to participate in dancing and singing activities.
- Indulge your child in any one hobby like skating , basketball, dance , musical instruments, swimming etc.
- Encourage your child to take care of '**Personal Hygiene**' by inculcating the following habits :
 - Brushing teeth twice daily
 - Combing hair regularly
 - Bathing everyday
 - Washing hands before and after meals
 - Trimming the nails and keeping them clean.
- Inculcate following Life skills in your child to help him / her became independent :
 - Buttoning his/ her shirt
 - Zipping and un zipping
 - Tying his /her shoes laces
 - Buckling and unbuckling
 - Turning pages of a book
 - Packing his/ her school bag
 - Laying the table for dinner
 - Proper toilet training
 - Arranging shoes in the shoe rack.

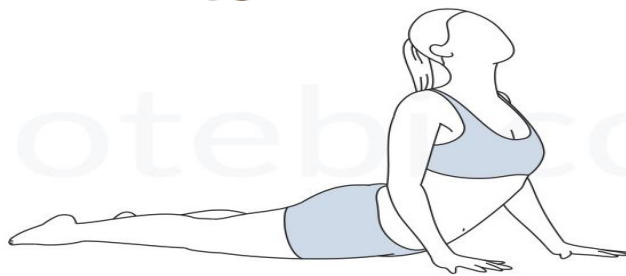
INTERNATIONAL YOGA DAY (21 June)

Let's exercise

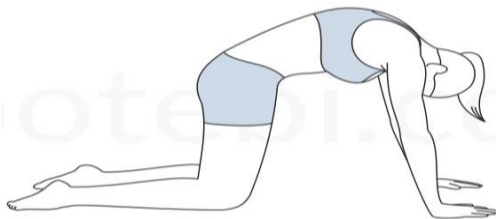
Material required -Yoga Mat

Instructions:

- **COBRA POSE** :Lie down on the yoga mat on the tummy , with hands near chest . Push upwards into a backbend . When back is arches, make a loud hissing noise like a snake.



- **CAT POSE** :Get down on hands and knees . Reach spine towards ceiling as high possible, so that the back is arched like a cat . Make meowing noises.



- **COW POSE** :Get on hands and knees, and then push your tummy towards the floor, while chin and tailbone strives towards reaching the ceiling . moo loudly like a cow.



- **Bridge Yoga Pose**: The Bridge yoga pose is a great hip joints opener. It also strengthens your spine, opens the chest and improves spinal flexibility in addition to stimulating your thyroid.

LEARNING OUTCOME : Children will be able to learn few Asana .

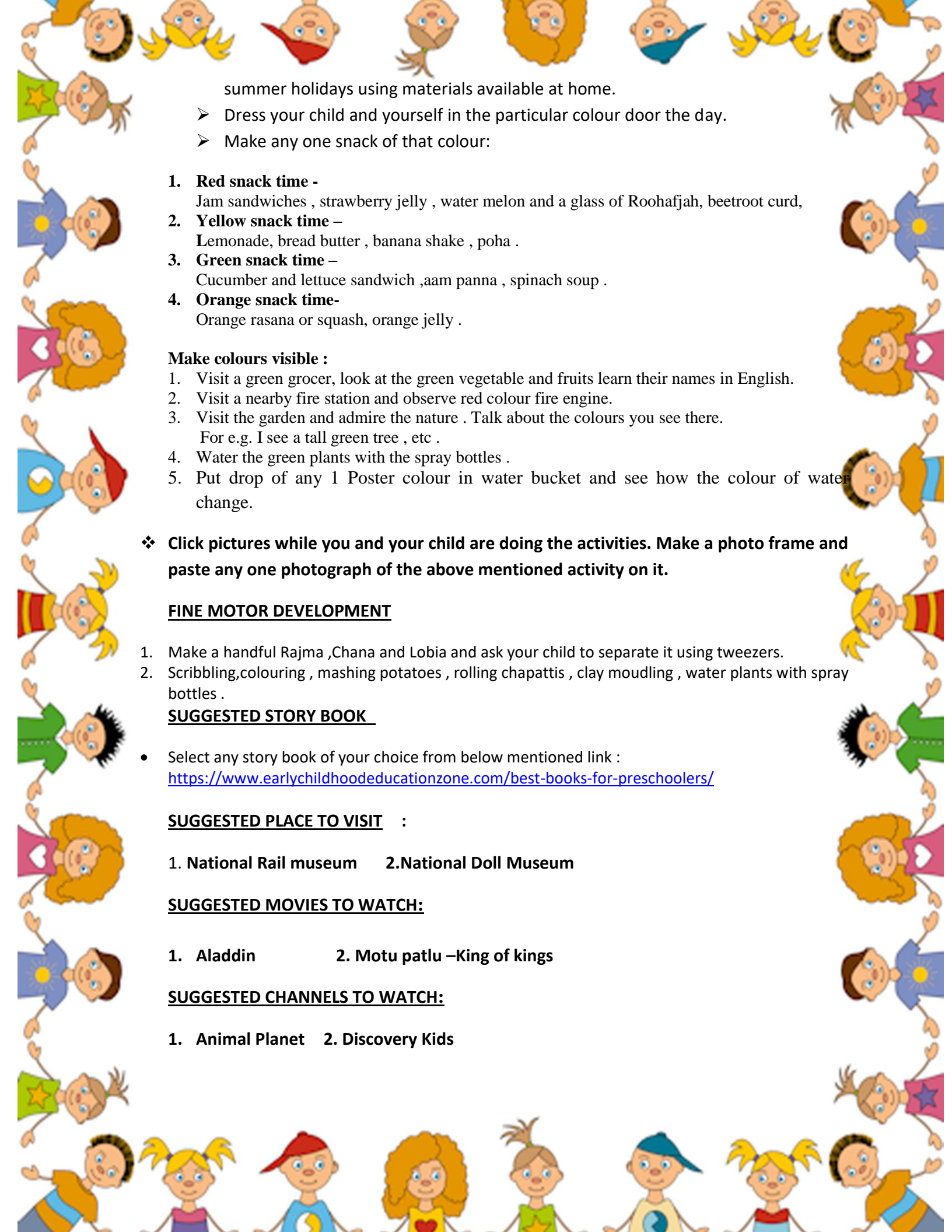
Click pictures of the above activity and make a collage on an A3 sheet

CREATIVE DEVELOPMENT

- **Mask of an animal** :Make a face mask of any animals.
- **Fun with colours**

➤ Following are the few suggested activities for the children to enjoy during their





summer holidays using materials available at home.

- Dress your child and yourself in the particular colour door the day.
- Make any one snack of that colour:

1. Red snack time -

Jam sandwiches , strawberry jelly , water melon and a glass of Roohafjah, beetroot curd,

2. Yellow snack time –

Lemonade, bread butter , banana shake , poha .

3. Green snack time –

Cucumber and lettuce sandwich ,aam panna , spinach soup .

4. Orange snack time-

Orange rasana or squash, orange jelly .

Make colours visible :

1. Visit a green grocer, look at the green vegetable and fruits learn their names in English.
2. Visit a nearby fire station and observe red colour fire engine.
3. Visit the garden and admire the nature . Talk about the colours you see there.
For e.g. I see a tall green tree , etc .
4. Water the green plants with the spray bottles .
5. Put drop of any 1 Poster colour in water bucket and see how the colour of water change.

- ❖ **Click pictures while you and your child are doing the activities. Make a photo frame and paste any one photograph of the above mentioned activity on it.**

FINE MOTOR DEVELOPMENT

1. Make a handful Rajma ,Chana and Lobia and ask your child to separate it using tweezers.
2. Scribbling,colouring , mashing potatoes , rolling chapattis , clay moulding , water plants with spray bottles .

SUGGESTED STORY BOOK

- Select any story book of your choice from below mentioned link :
<https://www.earlychildhoodeducationzone.com/best-books-for-preschoolers/>

SUGGESTED PLACE TO VISIT :

1. National Rail museum
- 2.National Doll Museum

SUGGESTED MOVIES TO WATCH:

1. Aladdin
2. Motu patlu –King of kings

SUGGESTED CHANNELS TO WATCH:

1. Animal Planet
2. Discovery Kids

ACTIVITY- 1

- Make a laminated table mat on A3 size sheet.

Roll no	Theme
1 -5	Water transport and land transport (one topic on one side)
6 -10	Air transport and Rainy season (one topic on one side)
11- 15	Healthy food and Junk food (one topic on one side)
16 -20	Monsoon and National symbol (one topic on one side)
20 -23	Parts of plants (Both side)

ACTIVITY -2

- Make a laminated flash cards with picture related to Themes given .

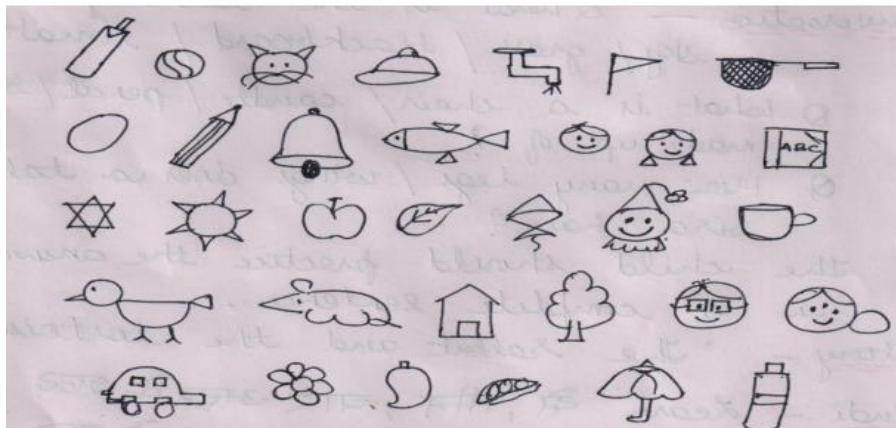
ROLL NO	THEME
1 -3	A , B , C D
4 -6	E , F ,G ,H
7- 9	I , J , K , L
10 -12	M , N , O , P
13 – 15	Q , R , S ,T ,U
16 – 18	V , W ,X ,Y , Z
19 – 21	Numbers 3 to 8
21 -23	Concept of Big and Small, Tall and Short ,Fat and Thin, Hard & Soft

ACTIVITY -3

- Do your homework in class notebooks.

ACTIVITY - 4

Practice the following pictures at home



Wishing you all happy time together!!!